

Our Vision

To contribute to the promotion of a healthy lifestyle through diet, supplements and the use of integrative medicine – and through this approach encouraging and teaching people to not only live longer but in better health and shape than ever imagined.

Our Mission

To provide each of our clients with quality and cost-effective supplements, health programs and education toward becoming empowered to make effective and better informed decisions about their health choices.

Our Supplementation Philosophy

Research and current science continue to show there is much you can do to prevent disease, primarily starting with nutrition. The lack of proper vitamins and minerals in your diet can lead to many diseases, but is primarily associated with an increased risk of chronic diseases including cancer, cardiovascular disease, and stroke. These risks continue to rise with the modern “fast food” lifestyle, lack of exercise, prevalence of over-processed foods, poor farming methods, environmental chemicals and toxins, and OTC/prescription drugs and therapies that can directly or indirectly deplete our bodies of vitamins, minerals, enzymes and other cellular support compounds that are necessary to function properly. The primary system that is damaged the most is our immune system and this directly relates to our well-being. Daily supplementation can not only support your body’s systems but can also in many cases bridge your nutrition gap and provide immediate support to your body in its own efforts to prevent or eradicate disease, often greatly increasing your quality and quantity of life. Through research and experience we have found that using a specific combination of supplements centered around Poly-MVA provides a solid core for optimum health and wellness and provides a level of protection that not only supports the body but it can also protect it. We are continuously searching and learning in our commitment to offer you up-to-date health information so we can all live not just longer but have a quality of life long into the ages.

Our Integrative Medicine Philosophy

At AMARC our belief is that integrative medicine can combine the best of allopathic (traditional) medicine with the best of other effective medical disciplines, strongly emphasizing long-term preventive and healthy choices. This means utilizing and emphasizing the body’s ability to heal itself through nutritional therapies and dietary supplementation either before, during or after traditional drug therapies. Our goal is to help in any way we can by providing more information and products to help you and your practitioner solve health concerns using methods as natural and less invasive than drugs and dangerous medical procedures. We want our clients to become so well-informed about their concerns and options that they become their own advocate in the decision-making process - it is their life and they are responsible for it..

Our Recommendations

Our recommendations are aimed at improving and maintaining your overall health and well-being. The key is education on the steps you can take toward making and keeping you and your loved ones healthy. We will be glad to discuss our recommendations with you and work with you in any way possible in order to facilitate your ability to implement them. Our suggestions are based on the following priorities:

- Health awareness
- Diet
- Diet supplementation

We want to help you to live better and longer. We believe it is possible to live to be well into your 90s with a great quality of life. Let us help you identify the most effective nutritional solutions to allow you to achieve optimum health.